

# TABLE OF CONTENTS

	TEACHER PAGE	STUDENT PAGE
About the Series .....	vi	
Using the Teacher's Guide .....	vii	
Skills Chart .....	viii	
Educational Theory .....	x	
Teaching Techniques .....	xii	
Role of the Teacher .....	xiv	
Hiam Ginott Quote .....	xv	

## RULE 1 – We Listen to Each Other

I-Care Cat's Visit (1) .....	T-1	
My Name Is I-Care Cat Song.....		S-2
I-Care Rules .....	T-2	
I-Care Rules .....		S-3
Making Friends .....	T-3	
Making Friends .....		S-4
Listening Is Important .....	T-4	
Make a Telephone .....		S-5
We Listen to Each Other .....	T-5	
We Listen to Each Other .....		S-6, S-7
Listening Puzzle .....	T-6	
Listening Crossword Puzzle .....		S-8

## RULE 2 – Hands Are for Helping, Not Hurting

I-Care Cat's Visit (2) .....	T-7	
Helping Hands Song.....		S-10
I Cooperate .....	T-8	
I Cooperate .....		S-11
Playing Games .....	T-9	
Playing Games .....		S-12
Cooperation .....	T-10	
Cooperation Song .....		S-13
Cooperation Puzzle .....	T-11	
Cooperation Crossword Puzzle .....		S-14

## RULE 3 – We Use I-Care Language

I-Care Cat's Visit (3) .....	T-12	
I-Care Language Song .....		S-16
I-Care Language .....	T-13	
I-Care Language .....		S-17
Puppet Time .....	T-14	
Puppet Time .....		S-18
I-Care Practice .....	T-15	
Practicing I-Care Language .....		S-19
Using I-Care Language .....	T-16	
Using I-Care Language .....		S-20
I-Care Language Puzzle .....	T-17	
I-Care Language Crossword Puzzle .....		S-21

# TABLE OF CONTENTS

	TEACHER PAGE	STUDENT PAGE
<b>RULE 4 – We Care About Each Other’s Feelings</b>		
I-Care Cat’s Visit (4) .....	T-18	
If You’re Happy and You Know It Song .....		S-23
Caring About Feelings .....	T-19	
We Care About Each Other’s Feelings .....		S-24
Today I Am Feeling... ..	T-20	
Today I Am Feeling .....		S-25
Feelings .....	T-21	
Feelings .....		S-26
How Do You Feel? .....	T-22	
How Do You Feel? .....		S-27
Everyone Has Feelings .....	T-23	
Everyone Has Feelings .....		S-28
Feelings Puzzle .....	T-24	
Feelings Crossword Puzzle .....		S-29
<b>RULE 5 – We Are Responsible for What We Say and Do</b>		
I-Care Cat’s Visit (5) .....	T-25	
If You’re Responsible and You Know It Song .....		S-31
Planting Seeds .....	T-26	
Planting Seeds .....		S-32
Being Responsible .....	T-27	
Being Responsible .....		S-33
Responsibility and You .....	T-28	
If You’re Responsible and You Know It .....		S-34
We Are Responsible .....	T-29	
We Are Responsible for What We Say and Do .....		S-35
I-Care Statement .....	T-30	
I-Care Statement .....		S-36
I-Care Practice .....	T-31	
Practice Using Your I-Care Statements .....		S-37
Problem-solving Strategies .....	T-32	
Problem-solving Strategies .....		S-38, S-39
Strategy Wheel .....	T-33	
“Who Goes First?” Wheel .....		S-40
Responsibility Puzzle .....	T-34	
Responsibility Crossword Puzzle .....		S-41
The Peace Table .....	T-35	
The Peace Table .....		S-42
Peace Table Rules .....	T-36	
Peace Table Rules .....		S-43
We Have Conflicts .....	T-37	
We Have Conflicts .....		S-44, S-45
Peacemaking Report .....	T-38	
Peacemaking Report Form .....		S-46
My Peace Plan .....	T-39	
My Peace Plan .....		S-47
Related Literature .....	T-40	