

TABLE OF CONTENTS

	TEACHER PAGE	STUDENT PAGE
About the Series	vii	
Using the Teacher's Guide	viii	
Skills Chart	x	
Educational Theory	xii	
Teaching Techniques	xiv	
Role of the Teacher	xvi	
Hiam Ginott Quote	xvii	

CONCEPT ONE: Peaceful Environment and Cooperation

I'm Glad to Be Me	T-1-2	
I'm Glad to Be Me		S-2-3
Making Friends	T-3-4	
Making Friends		S-4
A Friend Is...		S-5
We Listen to Each Other	T-5-6	
We Listen to Each Other		S-6-7
Sounds in My Environment	T-7-8	
Sounds in My Environment		S-8-9
Hands Are for Helping, Not Hurting	T-9-10	
Hands Are for Helping, Not Hurting		S-10-11
Working Together: That's Cooperation	T-11-12	
Working Together: That's Cooperation		S-12-13
We Can Work Together	T-13-14	
We Can Work Together		S-14-15
What Can I Say? I Can Say the Right Thing	T-15-16	
What Can I Say?		S-16
I Can Say the Right Thing		S-17
Body Talk	T-17-18	
Body Talk		S-18-19
We're All a Family Under One Sky	T-19-20	
We're All a Family Under One Sky		S-20-21

CONCEPT TWO: Uniqueness and Similarities

Growing and Changing	T-21-22	
Growing and Changing		S-22-23
Our Body	T-23-24	
Know Yourself Inside and Out		S-24
Making Healthy Choices		S-25
Food Facts	T-25-26	
Do You Know Where Each Food Goes?		S-26
Is It a Good Snack?		S-27
Our Senses	T-27-28	
The Brain	T-29	
All Living Things Are Precious	T-30	

TABLE OF CONTENTS

	TEACHER PAGE	STUDENT PAGE
Pullout Pages	T-31	
I-Care Cat Mask		SPO-1
Flip Book Picture Pages		SPO-2-3
I-Care Rules		SPO-4

CONCEPT THREE: Feelings

We Care About Each Other's Feelings	T-32	
We Care About Each Other's Feelings		S-28
My Feelings Count, Too		S-29
What Makes Me Angry? What Can I Do?	T-33-34	
What Makes Me Angry?		S-30
What Can I Do?		S-31
Fear	T-35-36	
When You're Afraid		S-32
Make a Plan		S-33
Sad and Lonely	T-37	
Feeling Proud	T-38	

CONCEPT FOUR: Solving Problems and Being Responsible

I-Care Language	T-39-40	
I-Care Language		S-34-35
We Are Responsible for What We Say and Do	T-41-42	
We Are Responsible for What We Say and Do		S-36-37
Playing Fair Strategies	T-43-44	
Playing Fair Strategies		S-38
Pick a Strategy		S-39
Chance Shows Who Goes	T-45-46	
Chance Shows Who Goes		S-40
Directions for Maze		S-41
The Peace Table	T-47-48	
The Peace Table		S-42-43
We Have Conflicts	T-49-50	
We Have Conflicts		S-44-45
Meet Some Peacemakers	T-51-52	
Meet Some Peacemakers		S-46-47
I Can Make a Difference	T-53	
I Can Make a Difference		S-48
The Next Time I Have a Conflict		S-49
Word Search		S-50
Dear Parents		S-51-52
Bibliography	T-54-56	
Suggested Reading: Books for Parents & Teachers	T-57	
Suggested Reading: Books to Share with Your Child	T-58	