

# TABLE OF CONTENTS

	<u>PAGE</u>
About the Series .....	vii
Educational Theory .....	viii
PEF Concepts and Dynamics .....	x
Using the Teacher's Guide .....	xii
Skills Chart .....	xvi
Hiam Ginott Quote .....	xx
Pre/Post Test .....	xxi

## SECTION I

	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
<b>Community Building</b> .....	T-1	
A Letter from the Authors .....	T-3	
A Letter from the Authors .....		S-1
I Am Somebody/Peace Scholars .....	T-5	
I Am Somebody .....		S-2
Three About Me .....	T-7	

## SECTION II

<b>Understanding Conflict</b> .....	T-11	
Conflict and Me .....	T-13	
Conflict and Me .....		S-3
New Skills, New Perspectives .....	T-15	
New Skills, New Perspectives .....		S-4
The Wise Men and The Elephant .....		S-5
Have You Ever Wondered? .....	T-18	
Have You Ever Wondered? .....		S-6
Exploring Conflict .....	T-19	
Exploring Conflict .....		S-7

## SECTION III

<b>Conflict Resolution Strategies</b> .....	T-22	
Peace Scholar Rules .....	T-24	
Peace Scholar Rules ( <i>poster</i> ) .....		S-8
Peace Scholar Rules .....		S-9-10
You Call It! .....	T-26	
You Call It .....		S-11-12
Win-Win Solutions .....	T-28	
Win-Win Solutions .....		S-13
Planning for Win-Win Solutions .....		S-14
Tug of War .....	T-31	
Tug of War .....		S-15
Strategies for Solving Conflicts .....	T-33	
Strategies for Solving Conflicts .....		S-16

(Continued)

# TABLE OF CONTENTS

	<u>LESSONS</u>	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
<b>SECTION IV</b>			
<b>Responsibility</b>			
Bee-havior! .....		T-37	
Bee-havior! .....		T-39	S-17
Maybe Yes, Maybe No .....		T-41	
Maybe Yes, Maybe No .....			S-18
But I Was Only Kidding! .....		T-43	
But I Was Only Kidding! .....			S-19
Who Controls Me? .....		T-45	
Who Controls Me? .....			S-20
Observing Conflict .....		T-47	
Observing Conflict .....			S-21
<b>SECTION V</b>			
<b>Values and Perceptions</b>			
Perception: Seeing Differently .....		T-50	
Perception: Seeing Differently .....		T-52	S-22-23
Conflict and Perception .....		T-54	
Conflict and Perception .....			S-24
Scapegoating .....		T-56	
Scapegoating Leads to Conflict .....			S-25
Who Needs It? .....		T-58	
Who Needs It? .....			S-26
Love and Friendship .....		T-60	
Love and Friendship .....			S-27
My Values .....		T-61	
My Values .....			S-28-29
Reasonable Risks .....		T-64	
Reasonable Risks .....			S-30
Unreasonable Risks .....		T-66	
Unreasonable Risks .....			S-31
Decisions, Decisions, Decisions .....		T-68	
Decisions, Decisions, Decisions .....			S-32
What Should I Do? .....		T-70	
What Should I Do ? .....			S-33
<b>SECTION VI</b>			
<b>Frustration, Anger, and Conflict</b>			
Ring Around of Temper .....		T-74	
Ring Around of Temper .....		T-76	S-34
Frustrations .....		T-78	
Frustrations .....			S-35

*(Continued)*

# TABLE OF CONTENTS

<u>LESSONS</u>	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
Patricia's Story .....	T-81	
Patricia's Story .....		S-36
I Feel So Angry! .....	T-83	
I Feel So Angry! .....		S-37
Holding It All In .....	T-85	
You, Too, Can Manage Your Anger! .....	T-87	
You, Too, Can Manage Your Anger! .....		S-38
Trapped on an Escalator .....	T-89	
Trapped on an Escalator .....		S-39-40

## SECTION VII

<b>Skill Building: Creative Communication</b> .....	T-93	
Face Your Feelings .....	T-95	
Face Your Feelings .....		S-41
Words Don't Say Much .....	T-96	
Paraphrasing .....	T-98	
Paraphrasing .....		S-42-43
Listening Listing .....	T-100	
Understanding & Practicing I-Statements .....	T-106	
Understanding I-Statements .....		S-44-45
Practicing I-Statements .....		S-46
Problem-solving Process .....	T-109	
The Problem-solving Process ( <i>poster</i> ) .....		S-47
Got Juice? .....		S-48
U-Solve-Em .....		S-49-50
What About Bullying? .....	T-112	
What About Bullying? .....		S-51

## SECTION VIII

<b>The Challenge of Constructive Conflict</b> .....	T-116	
Changing Directions .....	T-118	
Changing Directions .....		S-52
Old Ways, New Ways .....	T-120	
Old Ways, New Ways .....		S-53-54
The Challenge .....	T-122	
The Challenge .....		S-55-56
Stepping into Action .....	T-124	
Stepping into Action .....		S-57
Goal Setting and Post Test .....	T-126	
Goal Setting .....		S-58