

TABLE OF CONTENTS

	<u>PAGE</u>
About the Series	vii
Educational Theory	viii
PEF Concepts and Dynamics	x
Using the Teacher's Guide	xii
Skills Chart	xvi
Hiam Ginott Quote	xx
Pre/Post Test	xxi

SECTION I

	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
Community Building	T-1	
A Letter from the Authors	T-3	
A Letter from the Authors		S-1
I Am Somebody/Peace Scholars	T-5	
I Am Somebody		S-2
Three About Me	T-7	

SECTION II

Understanding Conflict	T-11	
Conflict and Me	T-13	
Conflict and Me		S-3
New Skills, New Perspectives	T-15	
New Skills, New Perspectives		S-4
The Wise Men and The Elephant		S-5
Have You Ever Wondered?	T-18	
Have You Ever Wondered?		S-6
Exploring Conflict	T-19	
Exploring Conflict		S-7

SECTION III

Conflict Resolution Strategies	T-22	
Peace Scholar Rules	T-24	
Peace Scholar Rules (<i>poster</i>)		S-8
Peace Scholar Rules		S-9-10
You Call It!	T-26	
You Call It		S-11-12
Win-Win Solutions	T-28	
Win-Win Solutions		S-13
Planning for Win-Win Solutions		S-14
Tug of War	T-31	
Tug of War		S-15
Strategies for Solving Conflicts	T-33	
Strategies for Solving Conflicts		S-16

(Continued)

TABLE OF CONTENTS

	<u>LESSONS</u>	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
SECTION IV			
Responsibility			
		T-37	
Bee-havior!		T-39	
Bee-havior!			S-17
Maybe Yes, Maybe No		T-41	
Maybe Yes, Maybe No			S-18
But I Was Only Kidding!		T-43	
But I Was Only Kidding!			S-19
Who Controls Me?		T-45	
Who Controls Me?			S-20
Observing Conflict		T-47	
Observing Conflict			S-21
SECTION V			
Values and Perceptions			
		T-50	
Perception: Seeing Differently		T-52	
Perception: Seeing Differently			S-22-23
Conflict and Perception		T-54	
Conflict and Perception			S-24
Scapegoating		T-56	
Scapegoating Leads to Conflict			S-25
Who Needs It?		T-58	
Who Needs It?			S-26
Love and Friendship		T-60	
Love and Friendship			S-27
My Values		T-61	
My Values			S-28-29
Reasonable Risks		T-64	
Reasonable Risks			S-30
Unreasonable Risks		T-66	
Unreasonable Risks			S-31
Decisions, Decisions, Decisions		T-68	
Decisions, Decisions, Decisions			S-32
What Should I Do?		T-70	
What Should I Do ?			S-33
SECTION VI			
Frustration, Anger, and Conflict			
		T-74	
Ring Around of Temper		T-76	
Ring Around of Temper			S-34
Frustrations		T-78	
Frustrations			S-35

(Continued)

TABLE OF CONTENTS

<u>LESSONS</u>	<u>TEACHER PAGE</u>	<u>STUDENT PAGE</u>
Patricia's Story	T-81	
Patricia's Story		S-36
I Feel So Angry!	T-83	
I Feel So Angry!		S-37
Holding It All In	T-85	
You, Too, Can Manage Your Anger!	T-87	
You, Too, Can Manage Your Anger!		S-38
Trapped on an Escalator	T-89	
Trapped on an Escalator		S-39-40

SECTION VII

Skill Building: Creative Communication	T-93	
Face Your Feelings	T-95	
Face Your Feelings		S-41
Words Don't Say Much	T-96	
Paraphrasing	T-98	
Paraphrasing		S-42-43
Listening Listing	T-100	
Understanding & Practicing I-Statements	T-106	
Understanding I-Statements		S-44-45
Practicing I-Statements		S-46
Problem-solving Process	T-109	
The Problem-solving Process (<i>poster</i>)		S-47
Got Juice?		S-48
U-Solve-Em		S-49-50
What About Bullying?	T-112	
What About Bullying?		S-51

SECTION VIII

The Challenge of Constructive Conflict	T-116	
Changing Directions	T-118	
Changing Directions		S-52
Old Ways, New Ways	T-120	
Old Ways, New Ways		S-53-54
The Challenge	T-122	
The Challenge		S-55-56
Stepping into Action	T-124	
Stepping into Action		S-57
Goal Setting and Post Test	T-126	
Goal Setting		S-58